

ANUGRAHA  
SOCIAL WELFARE  
SOCIETY®



# ANNUAL REPORT

## 2021-2022



ANUGRAHA SOCIAL  
WELFARE SOCIETY  
(Diocese of Bhadravathi)

[www.anugrahasws.org](http://www.anugrahasws.org)

Email: [anugrahasws@gmail.com](mailto:anugrahasws@gmail.com)

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# WHO WE ARE

Anugraha Social Welfare Society (ASWS), established in 2017 and registered under the Karnataka Societies Registration Act, serves as the social work branch of the Bhadravathi diocese. Focusing on the underdeveloped Malnad region in Karnataka's Western Ghats, ASWS assists disadvantaged communities regardless of caste, creed, or religion. Though Karnataka's mainstream cities are considered developed, ASWS addresses needs in areas with limited resources, emphasizing social and economic empowerment.

ASWS evolved from a charity-based model to a human rights-centered approach, engaging with various NGOs such as Malnad Social Service Society, Karnataka Regional Organization for Social Services, and Caritas India. Its work includes advocacy, regional issue resolution, environmental protection, and promoting gender and child rights. Collaborating with Panchayath Raj Institutions, ASWS fosters local partnerships to strengthen its impact.

Operating in the districts of Shivamogga and Chikkamagaluru, ASWS emphasizes the upliftment of marginalized groups, including women, widows, the elderly, differently-abled individuals, rural children, and farmers. Through initiatives like Self-Help Groups (SHGs), it aims to improve livelihoods and social conditions. ASWS's interventions encompass Human and Institutional Development, Gender Equality, Community Health, Natural Resource Management, Entrepreneurship, Disaster Management, Rehabilitation for the differently-abled, and Child and Youth Development. Additional efforts include promoting savings, microcredit programs, and conducting advocacy, action research, and documentation to drive sustainable change in the community.

## VISION

A Society of love, peace, justice, prosperity and economical harmony

## MISSION

To empower marginalized communities through capacity building programs, building their network and by results driven actions to help communities get their legitimate rights and enhance their social, economic and ecological status.

## OUR GOAL

Integral development of all sections of people especially the poor and the marginalized

## VALUES

Integrity, Respect for People, Communities and Cultures, Honesty, Transparency & Commitment.

# MEET OUR TEAM

**Mar Joseph Arumachadath**  
Bishop of Bhadravathi & President of ASWS

**Fr. Tino Thomas**  
Vice-President

**Fr. Jose John**  
Secretary

**Fr. Abraham A M**  
Treasurer

**Fr. Joseph Antony**  
Director

**Fr. Libin Rajan**  
Director

**Fr. Subin Sebastian**  
Director

## OUR COMMITMENTS

1. Encourage and enable the underprivileged to advance their own growth so they can take control of their own lives and live with dignity.
2. Encourage the sustainable development and empowerment of the weaker and impoverished segments of society.
3. Build the disadvantaged and impoverished people's abilities and talents to create sustainable means of subsistence and livelihoods.
4. Encourage the sustainable use and management of natural resources to guarantee that humans and nature can coexist.
5. Encourage the adoption of unconventional energy sources by disseminating suitable and environmentally friendly rural technology.
6. Encourage and set up resource sharing and functional networking among development actors and stakeholders.
7. Rehabilitate people with impairments and those affected by man-made and natural disasters.
8. Create housing and sanitation programs to improve the basic infrastructure for the underprivileged and homeless.
9. Encourage practical skill development in addition to official educational assistance for underprivileged and marginalized kids.
10. Encourage cooperation with other development actors including the local government.
11. Promote women's and other marginalized groups' involvement in development.

# OVERVIEW OF THE PROGRAMS CONDUCTED

## MAZDOOR SURAKSHA YOJANA

Mazdoor Suraksha Yojana is a pension scheme designed for unorganized workers by the Workers India Federation and the Labour Commission of the Catholic Bishops Conference of India. Tailored for individuals in fields like agriculture, self-employment, and daily labor, the scheme provides insurance-linked benefits to workers who typically lack formal retirement security. The program, named Swavalambana, is backed by the government, which guarantees its sustainability and includes a central subsidy of Rs. 1000 per year. Participants contribute a minimum of Rs. 100, with flexibility up to Rs. 12,000 annually, creating an accessible entry point for low-income workers.

ASWS, in collaboration with Workers India Federation, enrolled 543 unorganized workers in this pension plan. Members benefit from death and accident claim coverage, ensuring a degree of financial security in unforeseen situations. Upon reaching 60 years of age, participants can receive their pension funds, providing a stable source of income for their retirement. During the reporting period 312 of them renewed their policies, 6 of them got their retirement benefits and 2 of them cleared the death claims.

## SPARSHA - CANCER AWARENESS PROGRAM

SPARSHA is a cancer awareness and prevention campaign under the banner of Caritas India, New Delhi. This initiative harnesses the power of compassion—embodied in gestures like a kind word, a smile, or an attentive ear—to provide support and instill hope for individuals battling cancer. The core goal of SPARSHA is to promote cancer awareness, facilitate early detection, ensure treatment access, and encourage preventive practices within the operational areas of the Anugraha Social Welfare Society (ASWS) under the Diocese of Bhadravathi.



A key focus of SPARSHA is lifestyle transformation to mitigate cancer risks. Amid the COVID-19 pandemic, numerous webinars were held to educate the community about the severity of cancer and effective ways to combat it. Once lockdown restrictions eased, SPARSHA organized several on-the-ground cancer detection camps in partnership with MSSS's Palliative Care Centre and other supportive hospitals and organizations. These camps have served as vital resources for early cancer detection and intervention, benefitting people from all walks of life.

The SPARSHA campaign thrives due to dedicated volunteers who organize cancer detection and awareness activities while engaging with villagers to garner support. The program also promotes healthy living through organic farming and kitchen gardening, encouraging individuals to grow their own vegetables with free organic seeds. These initiatives aim to improve health and reduce reliance on processed foods.

## COMMUNITY HEALTH PROGRAMS

Health is widely understood as a state of complete physical, social, and mental well-being, going beyond simply the absence of disease or physical infirmity. In health promotion, Health is viewed as a vital resource for a fulfilling life, encompassing physical, mental, and social well-being. The Anugraha Social Welfare Society (ASWS) supports this by offering health programs tailored to community needs, focusing on disease prevention, awareness, and holistic well-being. These initiatives aim to empower individuals with proactive health measures, including rehabilitation services, to promote resilience and healthier lives for all.



## SIGHT TO THE BLIND (EYE CAMP)

Anugraha Social Welfare Society, in collaboration with the Indian Vision Institute, launched the 'Sight to the Blind' program in villages like N.R. Pura and Tharikere. Over 9,650 individuals received eye checkups, with 2,870 diagnosed with vision issues. Free spectacles were distributed to improve community eye health.

## BLOOD DONATION CAMP

The Anugraha Social Welfare Society (ASWS) raises awareness about the importance of blood donation through its partnership with the youth association of the diocese. They formed "Blood Donation Armies" in local parishes, promoting regular donations and service. Together, they organized blood donation camps at five locations, boosting local supplies and strengthening community bonds. This initiative showcased how small acts of kindness can have life-saving impacts.



# HEALTH AWARENESS PROGRAM ON LIFESTYLE DISEASES AND PREVENTION

Lifestyle diseases like obesity, heart attacks, diabetes, and cancer are rising, particularly among younger people and children. These conditions are linked to poor daily habits such as unhealthy eating, smoking, alcohol use, and excessive screen time. Stressful lifestyles contribute to these choices. Prevention requires adopting a balanced diet, regular exercise, sleep, and stress management. Raising awareness of these risks is vital to encouraging healthier routines and reducing their societal impact.

## PSYCHO - SOCIAL COUNSELING

The second wave of COVID-19 in Karnataka has caused significant psychological stress, especially for marginalized groups. To support affected individuals, Anugraha Social Welfare Society (ASWS) has launched a 24-hour tele-counseling service. This initiative aims to provide emotional relief, guidance, and answers to queries, helping Self-Help Group members, children, and the public manage stress and anxiety during the pandemic.



## COVID-19 EMERGENCY RESPONSE PROGRAM

Anugraha Social Welfare Society (ASWS) has significantly expanded its operations in collaboration with both national and international funding partners to combat the coronavirus pandemic in the two districts where it operates. The organization has provided essential support to vulnerable populations by distributing dry ration kits to 44,314 individuals in need, ensuring that they have access to basic food supplies during these challenging times. Additionally, ASWS has served 17,250 cooked meals specifically for migrant laborers, who have been disproportionately affected by the pandemic. To promote health and hygiene, the society distributed 22,314 hygiene kits, which include essential items for personal cleanliness and safety. Furthermore, ASWS has provided 2,660 safety kits to frontline workers, equipping them with necessary protective gear to continue their vital work. To further enhance community awareness and prevent the virus's spread, ASWS has circulated informational, education, and communication (IEC) materials through social media channels, effectively helping people stay informed and safe.



# COVID INFORMATION SERVICE CENTRE

Anugraha Social Welfare Society (ASWS), in collaboration with Caritas India, launched the ISC program to address COVID-19. Aimed at disseminating accurate information about prevention, the initiative was inaugurated by Rev. Fr. Abraham Areeparambil at the MSSS office in Shimoga. The program focused on raising awareness about COVID-19, vaccination centers, registration, and patient well-being through hospital coordination. ASWS distributed masks, IEC materials, and hand wash kits to community members. To reach remote villages with limited media access, an audio awareness program was implemented. Additionally, mobile vans and public announcements helped ASWS inform 100,000 people about preventive measures to ensure their safety during the pandemic.



## PROTECTION GEAR FOR FRONTLINE WORKERS (PPE KITS)

When it comes to Covid 19, the frontline workers face high risk in delivering essential healthcare services. To protect them, Anugraha Social Welfare Society distributed 1,500 PPE kits in and around Shimoga, ensuring their safety and service continuity. The health workers were very happy and appreciated this initiative of ASWS.

## RISK COMMUNICATION & COMMUNITY ENGAGEMENT - RCCE

Families infected with the coronavirus often experience significant mental stress, even when close relatives provide support. To address this, the RCCE program focuses on sensitizing local communities about COVID-19 preventive measures and encouraging vaccination. Volunteers from various villages formed four groups, with 38 members trained in a one-day online session led by Dr. Rajesh, the District Health Officer of Shivamogga. He covered symptoms, modes of infection, prevention measures, and first aid for COVID-19. This training empowered volunteers to educate their communities on hygiene practices, ultimately aiding families in quarantine and combating the pandemic alongside the health department.



# SPECIAL EVENTS

## WORLD CANCER DAY

On February 4, 2022, International Cancer Day was celebrated at Anavatty as part of the SPARSHA program, which aims to instill hope in cancer patients. A cancer detection camp featured general health checkups and a multimedia presentation on cancer risks, including lifestyle factors. Participants pledged to develop kitchen gardens at home.



## WOMEN'S DAY CELEBRATION

Anugraha Social Welfare Society celebrated International Women's Day at Hohehonnur, adhering to COVID protocols. The event included party games and activities, culminating in a seminar on women empowerment led by Mrs. Rekha, where a plan of action was discussed to guide ASWS's efforts in promoting women's empowerment in the community.

## WORLD ENVIRONMENT DAY

Every year on June 5th, World Environment Day is celebrated globally to promote awareness and protection of the environment. In line with this, Anugraha Social Welfare Society (ASWS) emphasized ecosystem protection and revival. ASWS staff planted trees, organized awareness programs in schools, conducted drawing competitions on 'Saving Earth,' and raised awareness about air pollution in public spaces.



## NAVOMI - GET-TOGETHER OF NAVOMI WOMEN MEMBERS

The Navomi group, supported by Anugraha Social Welfare Society (ASWS), empowers widows raising families independently. Recently, they held an annual gathering with the Diocese of Bhadravathi's Women Commission at Good Shepherd Church, Ripponpet. Inaugurated by Fr. Abraham and Sr. Usha CMC, the event focused on reducing stigma and fostering development. Activities included party games and a motivational talk by Fr. Santhosh, with participants expressing enthusiasm and interest in future events.

# DIVISIONS & INITIATIVES

God has crafted each individual with unique skills and capabilities, which Anugraha Social Welfare Society (ASWS) seeks to empower. By encouraging individuals and ASWS enhances well-being and community care through programs addressing societal needs, in collaboration with organizations and resources, aiming to uplift individuals, promote self-sufficiency, and strengthen community bonds for sustainable growth.

## AGRICULTURAL GROWTH & ANIMAL REARING

Shimoga is known for its agricultural potential. The founder president of Anugraha Social Welfare Society (ASWS) focuses on empowering farmers through organic farming seminars and training. ASWS promotes livestock for income generation, currently running a goat rearing initiative with 45 participants, and plans to expand to other livestock ventures.



## ACADEMIC SUPPORT SERVICES

Anugraha Social Welfare Society (ASWS) promotes creative education to empower children, helping them overcome challenges and become productive, socially aware individuals. Their Smart Children program, for students in grades VII-XII, focuses on skill development, motivation, and preparing students for success, reinforcing education as a fundamental human right.

## SMART KIDS' MEET

Anugraha Social Welfare Society (ASWS) organizes diocesan-level Smart Samgamams, titled UNARVU, to promote holistic development of children. The event features educational sessions on time management, study habits, and motivation, alongside games, competitions, and cultural programs. These activities foster personal growth, community spirit, and creativity among youth.



## YOUTH CAREER DEVELOPMENT SEMINAR

Anugraha Social Welfare Society (ASWS) hosted a one-day Career Guidance Workshop at Bodhana Pastoral Center, inaugurated by Fr. Abraham Areeparambil. Experts like Mr. Jomy Mathew, Prof. Varghese, and Dr. Lilly Paul shared insights on career paths and skills. A career exhibition and yoga class enriched the experience.



# ACTIVITY PHOTOS



# FINANCIAL STATEMENT

**ANUGRAHA SOCIAL WELFARE SOCIETY, SAGAR ROAD, SHIMOGA.**

Balance Sheet as at 31st March, 2022.

31.03.2021 Amount [₹]	SOURCES OF FUNDS :	Amount [₹]	31.03.2022 Amount [₹]
38,224.50	GENERAL FUND :		
	Balance	38,224.50	
	Add : Excess of Income over Expenditure	10,36,590.98	10,74,815.48
25,000.00	CORPUS FUND :		
	Balance		25,000.00
21,491.00	UNDISBURSED SPECIFIC PURPOSE FUNDS :		
	Schedule D		35,307.64
84,715.50	Total :		11,35,123.12

  

31.03.2021 Amount [₹]	APPLICATION OF FUNDS :	Amount [₹]	31.03.2022 Amount [₹]
Nil	FIXED ASSETS :		
	Gross Block	Nil	
	Less : Depreciation to Date	Nil	
	Net Block		Nil
	CURRENT ASSETS :		
	Cash and Bank Balances : Schedule E		
4,526.00	- Cash in Hand	3,398.00	
80,189.50	- Cash at Banks	11,31,725.12	11,35,123.12
84,715.50	Total :		11,35,123.12

Note: Schedules A to E form an integral part of accounts.

Subject to our report of even date

Place : Shimoga  
Date : 19-08-2022

Secretary  
Anugraha Social Welfare Society  
Reg. No. DRS/SGR/53/2017-18  
St. Joseph Church  
Sagar Road, Shivamogga  
Karnataka, India - 577 204.

Chartered Accountant  
(CA. Joseph V.G.)  
Membership No. 028597

**ANUGRAHA SOCIAL WELFARE SOCIETY, SAGAR ROAD, SHIMOGA.**

Income & Expenditure Account for the year ending 31st March, 2022.

31.03.2021 Amount [₹]	INCOME	Amount [₹]	31.03.2022 Amount [₹]
1,85,565.00	Contributions and Donations		10,65,381.00
37,800.00	Reimbursement of Service & Incidental Expenses		41,400.00
23.00	Bank Interest		2,958.00
2,23,388.00	Total :		11,09,739.00

  

31.03.2021 Amount [₹]	EXPENDITURE	Amount [₹]	31.03.2022 Amount [₹]
86,822.38	General Fund Expenses (Revenue Expenses) :		
	- Schedule C		73,148.02
1,00,000.00	Contributions & Donations		Nil
Nil	Depreciation		Nil
36,565.62	Excess of Income over Expenditure		10,36,590.98
2,23,388.00	Total :		11,09,739.00

Subject to our report of even date

Place : Shimoga  
Date : 19-08-2022

Secretary  
Anugraha Social Welfare Society  
Reg. No. DRS/SGR/53/2017-18  
St. Joseph Church  
Sagar Road, Shivamogga  
Karnataka, India - 577 204.

Chartered Accountant  
(CA. Joseph V.G.)  
Membership No. 028597

# **MANY THANKS TO OUR DONORS & COLLABORATORS**

**MINISTRY OF WOMEN AND CHILD DEPARTMENT**  
*Govt of India*

**CATHOLIC HEALTH ASSOCIATION OF INDIA**  
*Secunderabad, Telangana*

**CARITAS INDIA**  
*New Delhi*

**KARNATAKA REGIONAL ORGANIZATION FOR SOCIAL SERVICE (KROSS)**  
*Bengaluru, Karnataka*

**CHILD LINE INDIA FOUNDATION**  
*Mumbai, Maharashtra*

**WORKERS INDIA FEDERATION**  
*New Delhi*

**KINDERMISSIONSWERK**  
*Germany*

**CNEWA INDIA**  
*Kochi*

**ANUGRAHA SOCIAL WELFARE SOCIETY®**  
**REG.NO. DRS/SGR/53/2017-18**  
*St. Joseph's Church Compound, Sagar Road,*  
*Shivamogga – 577204, Karnataka*